



Chapel Hills • *Weekly News* • October 21, 2021

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In-Person Worship Service Sunday, October 24th • 10:15 a.m.



**Masks Recommended
While Indoors**

The service will also be available via Zoom
for those desiring to participate from home

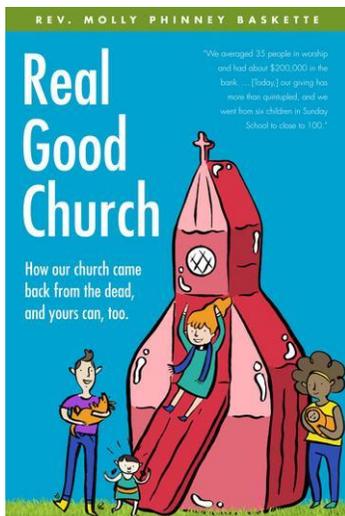
@ <https://us02web.zoom.us/j/83219966198>

or by dialing **1-312-626-6799**
and enter the Meeting ID: **832 1996 6198 #.**



In Prayer

- Val Orosz died on Sunday, October 17th. Please keep Alex and sons, Andrew and Sam, in prayer as they mourn a treasured life.
- Jack Gillespie is home and continues to improve.
- Prayers for Anna Kerr as she awaits her rescheduled surgery (which will now take place on Thursday, November 11th at Gillette Children's Hospital in St. Paul).
- Bonnie Stroessner's brother, John Stephens, who is still in the hospital battling Covid-19.
- Annette Ronan as she recovers from several falls.
- Prayers for Maria Camilli, and the Stabler family (Hank, Becca, Cora, and Everett) as they recover from Covid-19.
- Barbara Ford, Laura Feierabend's aunt, is back at her Assisted Living home, and receiving physical therapy.
- Waid Whatley's mom, Donna Whatley, who is adjusting to assisted living.
- Julia Ford, who has some health issues.
- Gail Stalpes who is adjusting to her new Medtronic device which is helping with back pain.
- Jack & Cindy request prayers for Marilyn Stille, Reuben Ristrom, Melissa Witry, and Janice Peterson.
- Marge Williams, recuperating at home.



Book Group - Tuesday, October 26th

We will meet for Book Group on Tuesday, October 26th
from 1:30 to 3:30 p.m. at Dorothy Lundbergs.

7500 York Ave S - Apt 537, Edina

We will discuss *Real Good Church*, by Rev. Molly Baskette.

Bring book suggestions for future reading.

Hope to see you there!



We will be hosting a **Trunk or Treat** Halloween experience for our Chapel Hills neighbors **on Sunday, October 31 from 5:00 to 7:00 p.m.**

This is a fun and safe family-friendly alternative to trick or treating door to door.

If you would like to participate:

- add your name to the sign-up sheet in the Narthex
- plan on arriving at **4:30 p.m.**
- bring pre-wrapped, purchased candy to hand out
- decorate your trunk with Halloween decor
- wear a costume, optional
- families will walk from trunk to trunk collecting Halloween treats

This is a great way to participate in the life of our community. **We hope you can join us!**

All Saints' Day - November 7th

All Saints Day is a day to celebrate the communion of saints as we remember those who have died this past year, both in our local congregations and throughout the Church universal.

Please send us...

- the names of family and friends that you would like mentioned/remembered
- a picture, if you have one
- tell us your relationship (mother, father, co-worker, etc.)

We will include them in the November 4th weekly news and will be named during worship.

It's a BOY!!

Congratulations to Thomas Langlois & Michelle Haines Langlois who welcomed a healthy baby boy into the world on Wednesday, October 13th - Henry William 8 lbs 15 oz! Thomas and Michelle live in Akron, Ohio.

Ann Derby passed on this sad news...

Val Orosz passed away Sunday night. She had battled cancer for 4 and a half months and died peacefully. Alex and the family are so sad. A service has not been arranged yet. Cards can be sent to:

Alex Orosz

8115 Tierneys Woods Rd

Bloomington, MN 55438

Looking Ahead

- October 24 In-Person Worship Service @ 10:15 a.m.
- October 26 Book Group (1:30 to 3:30 p.m.) at Dorothy Lundbergs
Pastoral Relations Meeting (7:00 p.m.)
Choir Rehearsal (7:30 p.m.) **NOTE: Tuesday instead of Wednesday this week**
- October 27 Coffee Talk with Pastor Kristen (10:00 a.m. to 12:00 noon)
- October 31 In-Person Worship Service @ 10:15 a.m.
Trunk or Treat @ Chapel Hills (5:00 to 7:00 p.m.)
- November 2 Edina School District Election - Polling Location
- November 3 Coffee Talk with Pastor Kristen (10:00 a.m. to 12:00 noon)
Choir Rehearsal (7:30 p.m.)
- November 7 In-Person Worship Service and Communion @ 10:15 a.m.
All Saints' Day
VEAP food shelf Sunday
Daylight Saving Time ends
- November 10 Coffee Talk with Pastor Kristen (10:00 a.m. to 12:00 noon)
Choir Rehearsal (7:30 p.m.)
- November 14 In-Person Worship Service @ 10:15 a.m.
Special Thanksgiving treats following worship - bring a toy to donate
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GIVE Securely Online

Offering/Donations

- **Online Giving** (convenient & secure) by clicking the following link... <https://app.easytithe.com/app/giving/chapelhillsuccedina> or by scanning the QR Code on the left
- **By Check** (indicate what your donation is for on the memo line) Send to: Chapel Hills, 6512 Vernon Ave S, Edina, MN 55436

2021 Virtual Gala



**VEAP's Annual Gala will take place virtually
the evening of Wednesday, October 27, 2021.**

Stream the full event for free on YouTube.

Registration is now open! This event is free-of-charge.

**Please register each one of your guests individually by clicking
the button below. Note a credit card is required to register,
but you will not be charged unless you win
an auction item or decide to make a donation.**

Thank You!

[REGISTER NOW](#)

Weekly Devotion from Pastor Kristen

My soul makes its boast in the LORD; let the humble hear and be glad. —Psalm 34

It seems that ‘boasting’ isn’t really a word I’ve heard much lately. It seems that we have become so used to hearing people boast; sell themselves, brag and promise greatness, that we hardly even notice it. Boasting, well, it just seems like part of the deal—the American deal.

When did that happen? When did our society shift from having some regard for humility or at least attempt to feign humility to just outright boastful bragging? I would like to blame the Boomers—but you all have taken a lot of hits over the years. I would then like to blame the Millennials—the Boomer’s kids—but they wouldn’t care what an old Gen Xer like me thinks anyway.

Something has shifted. The idea of humility is somehow out of style, or antiquated in our social media world. Facebook is really a big “look at me” brag book. I am as guilty as anyone else in that regard. I only post things about my children winning things. “Look at me—at us! Didn’t I do a great job of raising at least some of my kids?” People post pictures of their perfect families if they can pull off that shot even for a moment. People post pictures of their new homes, cars, boats and new shoes. People even post pictures of what they are eating—like, *ha-ha look what I got to eat*. Why did we start doing that? Why is the whole world in a constant game of show and tell?

I think the only real answer is because we can. We have all these ways to take photos with filters and even shift our faces into cartoon images. We can alter our slightly imperfect life to look (at least on Facebook and Instagram) like a super-duper fabulous life. But then we all end up sooner or later just living real life—without the filters or any of our “followers” watching.

Some studies have shown that the validation that comes from a series of thumbs up icons and hearts or even sympathetic tearful emojis is addictive. It is a way to put something out into the world and then see how our “friends” respond to our great fortune or misfortune. It is attention—measurable documented attention. And all the humans like attention—so we have fallen into this new pattern of living that includes boasting on social media.

Psalm 34 suggests that our souls might boast in the Lord. And then it says, “let the humble hear and be glad.” The idea within the whole Psalm is that there may be a way that we can shift our attention from validation from the people to gratitude. Maybe we can shift what we’re proud of to a new idea. What if we were proud of what God has done for us? What if we were proud of God for blessing our lives, healing our malady, keeping our kids upright on most days? How would the boasting shift if we allowed ourselves to let the thumbs-up game go for a bit? What might it feel like to quit comparing or competing for attention and approval from all the other people that we know?

God invites us to quit trying to impress the world with our lives and shift into a place where we are impressed with what God has done—is doing, and has promised to do in our lives. What if how great we are has nothing to do with how great we are? What if our greatness is simply a gift from God? What if all that we have and are and ever will be is wonderful just because God’s made it all?

PRAYER: *God, teach me to let go of my need for validation and allow myself to simply be impressed with your wonders . . . so deeply that my soul makes its boast in you. AMEN.*



“Take Heart”

Twenty-Second Sunday after Pentecost

United Nations Day

When Jesus meets Bartimaeus by the side of the road, he does not assume what is needed for healing. Instead, he asks, “what can I do for you?”

When the Winslow Congregational Church in Winslow, Maine, found that they had a budget surplus for the second year in a row, they did not assume they knew what was needed. Instead, Winslow Pastor Kim Shrader recounts, “Questions were asked, and ears were open to find where there was a need we could serve. There was a very small food bank at another church that was in danger of losing their space. So, we looked at partnering with them. The idea quickly grew beyond providing space for the existing food bank that was only open two hours a month, to starting a second food bank with more capacity and open two days a month.”

“Six months into operation, the food cupboard is thriving. Food is donated from local grocery stores and Walmart, from food drives by different organizations, from gleaners working with local farmers, and from the Good Shepherd Food Bank. The Good Shepherd food is available at a deep discount allowing money donations to go a very long way. Many local businesses, organizations, and individuals give generously. Additionally, the cupboard has distributed USDA farm to table food boxes as part of the Corona relief aid from the federal government.”

“It is an all-volunteer staff. A local parochial school provides a lot of volunteers on distribution days with youth from 7-12 grades. Volunteer drivers bring food to those without transportation (a major problem here).”

“There is a lot of hospitality offered,” Rev. Shrader concludes. “It’s not just the food. It’s things like a few gardeners in the congregation got together, made raised beds, and planted vegetables for the cupboard. It’s the new member using his skills as a publicist to get newspaper and TV coverage of the food cupboard. It’s the church’s youth insisting that their “school from home” schedule allow them to spend Thursday helping at the cupboard.”

- What questions are going unasked in your community?
- How can you and your congregation listen more deeply?
- Who is speaking and asking for help?